

B and D Foods

Tempura Chicken

Item Number: A-3550ACN

UPC: 037483035502
GTIN: 00037483035502

**FULLY COOKED
FULLY BAKEABLE**

*Chicken breast meat, cut, marinated, coated in a whole grain tempura batter and fully cooked by frying in Vegetable oil.
No Trans Fat - No MSG*

Each 4.00 ounce serving (by weight) provides 2.00 ounce equivalent meat and 2.00 ounce equivalent grains.

Preparation Instructions:

Method	Temp	Frozen	Thawed
Deep Fry	350°	3 - 3½ Minutes	2½ - 3 Minutes
Conventional Oven	450°	12-14 Minutes	7 - 8 Minutes
Convection Oven	425°	11-12 Minutes	7 - 8 Minutes

Shelf Life: 18 months @ 0°Fahrenheit

INGREDIENTS: Chicken Breast, White Whole Wheat Flour, Water, Whole Grain Corn Flour, Isolated Soy Protein. Contains less than 2% of Corn Starch, Egg Whites, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Lecithin, Nonfat Dry Milk, Salt, Sodium Phosphate. Fully cooked in vegetable oil.
ALLERGENS: Contains Egg, Milk, Soy, and Wheat.



Nutrition Facts

Serving Size 4.0 ounces (113g)
Servings Per Container

Amount Per Serving

Calories 240 Calories from Fat 100

% Daily Value*

Total Fat 11g **17%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 40mg **13%**

Sodium 360mg **15%**

Total Carbohydrate 15g **5%**

Dietary Fiber 2g **8%**

Sugars 0g

Protein 20g

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

NOTE: This nutritional is intended as a general guide; actual nutritional may vary based on preparation.

Pack Facts:

Piece per Pound:	Approx: 80
Pack:	2/5-pound poly bags
Case Net Wt (Lbs):	10
Case Gross Wt (Lbs):	11.5
Case Dimensions:	16¼ x 10¼ x 5
Cases/Pallet Layer:	10
Layers/Pallet:	13
Cases /Pallet	130
Case Cube:	.48cf

A-3550ACN

KEEP FROZEN

Tempura Chicken

Fully Cooked Tempura Chicken Breast

INGREDIENTS: CHICKEN BREAST, WHITE WHOLE WHEAT FLOUR, WATER, WHOLE GRAIN CORN FLOUR, ISOLATED SOY PROTEIN, CONTAINS LESS THAN 2% OF CORN STARCH, EGG WHITES, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), LECITHIN, NONFAT DRY MILK, SALT, SODIUM PHOSPHATE. FULLY COOKED IN VEGETABLE OIL.
ALLERGENS: CONTAINS EGG, MILK, SOY, AND WHEAT.

CN 092565
CN Each 4.00 oz serving (by weight) of Tempura Chicken provides 2.00 oz. equivalent meat/meat alternate and 2.00 oz equivalent grains for the Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 03-15) CN

Net Wt. 10 lb.



Method	Temp.	Frozen	Thawed
Deep Fry	350°	3 - 3 ½ Minutes	2 ½ - 3 Minutes
Conventional Oven	450°	12 - 14 Minutes	7 - 8 Minutes
Convection Oven	425°	11 - 12 Minutes	7 - 8 Minutes



Manufactured by: B and D Foods • Boise, Idaho 83705