

# B and D Foods

## Seasoned Beef Strips

Item Number: A-3010-10#

UPC: 037483030101  
GTIN: 00037483030101

**FULLY COOKED  
FULLY BAKEABLE**

*Crispy slices of beef lightly coated, and fully cooked by frying in vegetable oil.*

### Preparation Instructions:

Method	Temp	Frozen
Deep Fry	350°	1 – 2 Minutes
Conventional Oven	400°	15 - 18 Minutes
Convection Oven	400°	8 - 10 Minutes

**Shelf Life:** 18 months @ 0°Fahrenheit

INGREDIENTS: Beef, Water, Vinegar, Rice Flour, Rice Starch, Tapioca Starch, Sodium Bicarbonate, Sea Salt. Fully Cooked in Vegetable Oil.  
ALLERGENS: None.



### Nutrition Facts

Serving Size (100g)  
Servings Per Container

Amount Per Serving

**Calories 230**    Calories from Fat 90

% Daily Value\*

**Total Fat 10g**    **15%**

Saturated Fat 4g    **20%**

Trans Fat 0g

**Cholesterol 80mg**    **27%**

**Sodium 490mg**    **20%**

**Total Carbohydrate 8g**    **3%**

Dietary Fiber 0g    **0%**

Sugars 0g

**Protein 25g**

Vitamin A 0%    • Vitamin C 0%

Calcium 2%    • Iron 15%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9    • Carbohydrate 4    • Protein 4

NOTE: This is a representation of the nutritional label. The actual nutritional label on the product may vary slightly.

### Pack Facts:

Piece per Pound:	Approx: 70
Pack:	2/5-pound poly bags
Case Net Wt (Lbs):	10
Case Gross Wt (Lbs):	11.5
Case Dimensions:	16¼ x 10¼ x 5
Cases/Pallet Layer:	10
Layers/Pallet:	13
Cases /Pallet:	130
Case Cube:	.48 cf