

B and D Foods

Fully Cooked Chicken Breast Pieces

Item Number: A-3055-10#

UPC: 037483030552
GTIN: 00037483030552

**FULLY COOKED
FULLY BAKEABLE**

Crispy slices of chicken breast lightly coated, and fully cooked by frying in vegetable oil.



Nutrition Facts

Serving Size (100g)
Servings Per Container

Amount Per Serving

Calories 240 **Calories from Fat 80**

% Daily Value*

Total Fat 10g **15%**

Saturated Fat 2g **10%**

Trans Fat 0g

Cholesterol 70mg **23%**

Sodium 530mg **22%**

Total Carbohydrate 10g **3%**

Dietary Fiber 0g **0%**

Sugars 0g

Protein 25g

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Preparation Instructions:

Method	Temp	Frozen
Deep Fry	350°	1 – 2 Minutes
Conventional Oven	400°	15-18 Minutes
Convection Oven	400°	8-10 Minutes

Shelf Life: 18 months @ 0°Fahrenheit

INGREDIENTS: Chicken Breast Meat, Water, Corn Starch, Potato Starch, Sodium Bicarbonate, Salt.
Fully Cooked in Vegetable Oil.
ALLERGENS: None.

NOTE: This is a representation of the nutritional label. The actual nutritional label on the product may vary slightly.

Pack Facts:

Piece per Pound:	Approx: 70
Pack:	2/5-pound poly bags
Case Net Wt (Lbs):	10
Case Gross Wt (Lbs):	11.5
Case Dimensions:	16¼ x 10¼ x 5
Cases/Pallet Layer:	10
Layers/Pallet:	13
Cases /Pallet:	130
Case Cube:	.48 cf