

# B and D Foods

## Tempura Pork with Sweet & Sour Sauce Meal Kit

Item Number: A-6108

UPC: 037483061082

GTIN: 00037483061082

**FULLY COOKED  
FULLY BAKEABLE**

*Pork sirloin meat, cut, marinated, coated in a non-seasoned tempura batter and fully cooked in vegetable oil, with Sweet & Sour Sauce.  
0g Trans Fat - No MSG*

### Preparation Instructions:

| Method            | Temp | Frozen         | Thawed         |
|-------------------|------|----------------|----------------|
| Deep Fry          | 350° | 3 – 3½ Minutes | 2½ - 3 Minutes |
| Conventional Oven | 450° | 12-14 Minutes  | 7 - 8 Minutes  |
| Convection Oven   | 425° | 11-12 Minutes  | 7 - 8 Minutes  |

Thaw unopened sauce packet in warm water for approximately 5 minutes.

**Shelf Life:** 18 months @ 0°Fahrenheit

### MEAL INGREDIENTS:

**CHICKEN INGREDIENTS:** Pork, Water, Bleached Enriched Flour (Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Cornstarch, Contains less than 2% of Egg Whites, Garlic Powder, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Malted Barley Flour, Rice Flour, Salt, Sodium Phosphate, Wheat Starch. Fully Cooked in Vegetable Oil.

**SAUCE INGREDIENTS:** Sugar, Water, Vinegar, Pineapple Juice Concentrate, Tomato Paste, Corn Starch, Salt, onion Powder, Garlic Powder, Extractives of Paprika, Vegetable Juice Color.

**ALLERGENS:** Contains Egg and Wheat.



## Nutrition Facts

Serving Size 100 (100g)  
Servings Per Container

| Amount Per Serving            | Tempura Pork | with Sauce |
|-------------------------------|--------------|------------|
| <b>Calories</b>               | 250          | 230        |
| Calories from Fat             | 90           | 60         |
| <b>% Daily Value**</b>        |              |            |
| <b>Total Fat 11g*</b>         | <b>17%</b>   | <b>11%</b> |
| Saturated Fat 2.5g            | <b>13%</b>   | <b>8%</b>  |
| Trans Fat 0g                  |              |            |
| <b>Cholesterol 30mg</b>       | <b>10%</b>   | <b>7%</b>  |
| <b>Sodium 410mg</b>           | <b>17%</b>   | <b>13%</b> |
| <b>Total Carbohydrate 22g</b> | <b>7%</b>    | <b>11%</b> |
| Dietary Fiber 1g              | <b>4%</b>    | <b>4%</b>  |
| Sugars 0g                     |              |            |

### Protein 14g

|           |    |    |
|-----------|----|----|
| Vitamin A | 0% | 0% |
| Vitamin C | 0% | 2% |
| Calcium   | 2% | 2% |
| Iron      | 8% | 6% |

\*Amount in Tempura Pork, with Sauce contributes an additional 10 g Total Carbohydrate (16 g Sugars).

\*\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

|                    | Calories: | 2,000   | 2,500   |
|--------------------|-----------|---------|---------|
| Total Fat          | Less than | 65g     | 80g     |
| Saturated Fat      | Less than | 20g     | 25g     |
| Cholesterol        | Less than | 300mg   | 300mg   |
| Sodium             | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate |           | 300g    | 375g    |
| Dietary Fiber      |           | 25g     | 30g     |

NOTE: This is a representation of the nutritional label. The actual nutritional label on the product may vary slightly.

### Pack Facts:

|                      |                       |
|----------------------|-----------------------|
| Piece per Pound:     | Approx: 40            |
| Protein Pack:        | 2/4lb Poly Bags       |
| Sauce Pack:          | 4/1lb Poly Bags       |
| Case Net Wt (Lbs):   | 12                    |
| Case Gross Wt (Lbs): | 13.5                  |
| Case Dimensions:     | 17.9" x 12.1" x 4.35" |
| Cases/Pallet Layer:  | 8                     |
| Layers/Pallet:       | 14                    |
| Cases /Pallet:       | 112                   |
| Case Cube:           | .57 cf                |