

B and D Foods

Gluten Free Tempura Chicken White Meat

Item Number: A-3250

UPC: 037483032501
GTIN: 00037483032501

**FULLY COOKED
FULLY BAKEABLE**

*Chicken breast meat, cut, marinated,
coated in a crispy gluten free
batter and fully cooked in vegetable oil.
0g Trans Fat - No MSG Added*

*Each 4.00 oz serving (by weight) of Gluten
Free Chicken Fritters provides 1.25 oz.
equivalent meat.*



Nutrition Facts

Serving Size (100g)		Servings Per Container	
Amount Per Serving			
Calories 230	Calories from Fat 90		
% Daily Value*			
Total Fat 11g	17%		
Saturated Fat 1g	5%		
Trans Fat 0g			
Cholesterol 30mg	10%		
Sodium 390mg	16%		
Total Carbohydrate 24g	8%		
Dietary Fiber 0g	0%		
Sugars 0g			
Protein 15g			
Vitamin A 0%	• Vitamin C 0%		
Calcium 0%	• Iron 2%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			

Preparation Instructions:

Method	Temp °F	Cook Time from Frozen
Deep Fry	350°	2 – 3 Minutes
Conventional Oven	450°	10-12 Minutes
Convection Oven	425°	8-10 Minutes

NOTE: This is a representation of the nutritional label. The actual nutritional label on the product may vary slightly.

Shelf Life: 18 months @ 0°Fahrenheit

INGREDIENTS: Chicken White Meat, Water, Corn Starch, Rice Flour, Yellow Corn Flour, Potato Starch, Yellow Corn Meal, Leavening (Cream of Tartar, Sodium Bicarbonate), Sea Salt, Garlic Powder, Yeast Extract, Onion Powder, Egg White Powder. Fully Cooked in Vegetable Oil.
Contains Egg.

Pack Facts:

Piece per Pound:	Approx: 50
Pack:	2/5-pound poly bags
Case Net Wt (Lbs):	10
Case Gross Wt (Lbs):	11.5
Case Dimensions:	16¼ × 10¼ × 5½
Cases/Pallet Layer:	10
Layers/Pallet:	13
Cases /Pallet:	130
Case Cube:	.53 cf

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