B and D Foods

Royal Tempura Chicken with Pineapple Teriyaki Sauce Meal Kit

Item Number: A-6109

UPC: 037483061099

GTIN: 00037483061099

FULLY COOKED
FULLY BAKEABLE

Chicken breast meat, cut, marinated, coated in a non-seasoned tempura batter and fully cooked in vegetable oil, with a Pineapple Teriyaki Sauce. 0g Trans Fat - No MSG

Each 5.00 oz serving (by weight) of chicken with sauce provides 1.00 oz equivalent meat and 1.00 oz equivalent grains (enriched)

Preparation Instructions:

Method	Temp	Time from Frozen
Deep Fry	350°	2-3 Minutes
Conventional Oven	400°	10-12 Minutes
Convection Oven	425°	8-10 Minutes

Thaw unopened sauce packet in warm water for approximately 5 minutes.

Shelf Life: 24 months @ 0°Fahrenheit

INGREDIENTS: **TEMPURA CHICKEN**: Chicken White Meat, Water, Bleached Enriched Flour (Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Cornstarch, Contains Less Than 2% of Egg Whites, Garlic Powder, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Malted Barley Flour, Rice Flour, Salt, Sodium Phosphate, Wheat Starch. Fully Cooked in Vegetable Oil. **SAUCE**: Sugar, Water, Soy Sauce (Water, Soybeans, Wheat, Salt), Apple Cider Vinegar, Pineapple Juice Concentrate, Modified Corn Starch, 2% or less Soybean Oil, Sesame Seed, Natural Flavor, Dehydrated Garlic, Dehydrated Onion, Xanthan Gum, Spices.

Contains Egg, Wheat, Sesame and Soy.

Nutrition Facts

Serving Size 5 oz (140g)
Servings Per Container About 32

Amount Per Serving

Calories 300	Calories from Fat 80
	% Daily Value*
Total Fat 9g	**14%**
Saturated Fat 1.5g	**8%**
Trans Fat 0g	
Cholesterol 35mg	**12%**
Sodium 1030mg	**43%**
Total Carbohydrate 41g	**14%**
Dietary Fiber 1g	**4%**
Sugars 17g	
Protein 14g	
Vitamin A 0%	• Vitamin C 4%
Calcium 2%	• Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

NOTE: This is a representation of the nutritional label. The actual nutritional label on the product may vary slightly.

Pack Facts:

Piece per Pound:	Approx: 40
Protein Pack:	4/2lb Poly Bags
Sauce Pack:	4/1lb Poly Bags
Case Net Wt (Lbs):	12
Case Gross Wt (Lbs):	13.5
Case Dimensions:	17.9” x 12.1” x 4.35”
Cases/Pallet Layer:	8
Layers/Pallet:	14
Cases /Pallet:	112
Case Cube:	.57 cf

B and D Foods - 3494 S TK Ave, Boise, ID 83705 - (208) 344-1183 - www.banddfoods.com

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